



4.1.1. Facilities for Yoga, Sports and Games



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

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Facilities for Yoga



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Enema Bag





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HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 78°NE (T) • 9.573728, 77.972992 ±10m ▲ -6m



Yoga training mat
01-04-2024, 4:35:27 pm



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Wall Yoga Ropes





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Trataka Candle Stand





HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 4°N (T) ☉ 9.573591, 77.972926 ±11m ▲ -7m



Lotus Seed Jaba mala
01-04-2024, 4:34:51 pm



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Tulsi Jaba Mala





HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 79°E (T) • 9.573724, 77.973071 ±3m ▲ 13m



Yoga Tanda

01-04-2024, 4:37:21 pm



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Audio Equipment for Yoga Meditation





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Facilities for Sports and Games



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Swimming Pool

HXGF+273, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 172°S (T) • 9.575091, 77.97314 ±3m ▲ 25m



Swimming Pool
19-03-2024, 4:18:50 pm



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Playground





3/151-1, VOC Rd, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 154°SE (T) • 9.574285, 77.973232 ±3m ▲ -6m



400 m Standard track
18-03-2024, 5:01:55 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 55°NE (T) • 9.573611, 77.972964 ±6m ▲ 31m



400 m Standard track
20-03-2024, 4:32:43 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 33°N (T) 📍 9.57388, 77.973253 ±3m ▲ 2m



Hurdles

19-03-2024, 3:26:59 pm



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Football Field with Posts

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 41°NE (T) • 9.573106, 77.973615 ±3m ▲ -1m



Football field

19-03-2024, 3:52:16 pm



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Hockey Field with Goal Posts

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 100°E (T) ● 9.572418, 77.973576 ±3m ▲ 3m



Hockey field
19-03-2024, 3:50:18 pm



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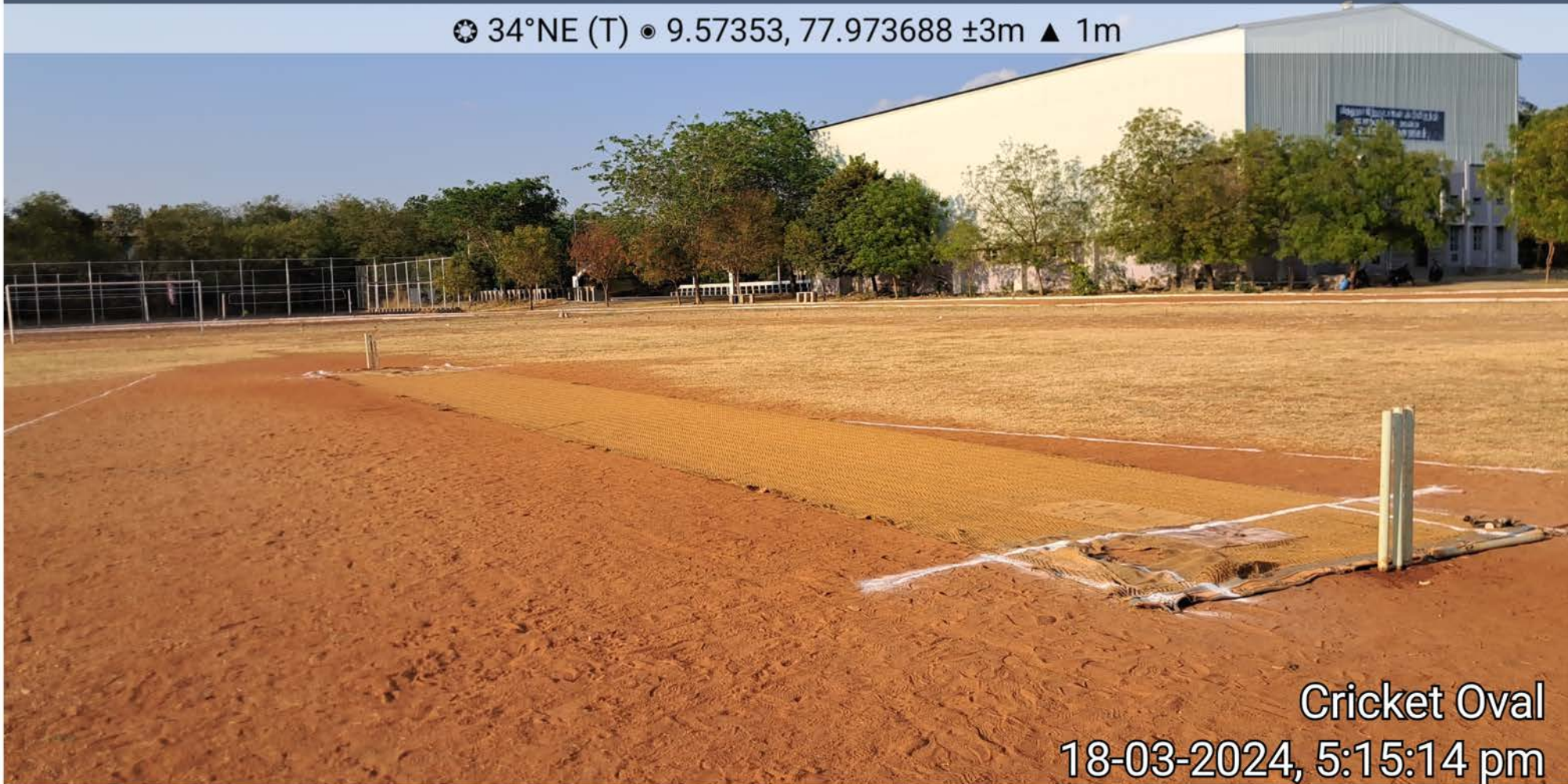
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Cricket Oval with Pitch

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 34°NE (T) ● 9.57353, 77.973688 ±3m ▲ 1m



Cricket Oval

18-03-2024, 5:15:14 pm



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Cricket Oval with Pitch

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 76°NE (T) • 9.572125, 77.973373 ±3m ▲ 26m



Cricket Oval

18-03-2024, 5:19:18 pm



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Cricket Nets

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 189°S (T) • 9.573076, 77.972989 ±3m ▲ -3m



Cricket Nets

18-03-2024, 4:48:23 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 307°NW (T) • 9.574411, 77.974238 ±4m ▲ 26m



Basketball court

18-03-2024, 3:33:55 pm



3/151-1, VOC Rd, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 58°NE (T) • 9.574439, 77.973555 ±9m ▲ 26m



Volleyball courts
18-03-2024, 3:37:07 pm



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Kabaddi Courts

3/151-1, VOC Rd, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 45°NE (T) • 9.57437, 77.97314 ±3m ▲ 26m



Kabaddi courts

18-03-2024, 3:41:29 pm



HXFF+JF3, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 35°NE (T) ● 9.574112, 77.972794 ±3m ▲ -2m



Tennis courts
18-03-2024, 4:55:21 pm



HXFF+JF3, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 319°NW (T) 📍 9.574083, 77.972753 ±3m ▲ -2m



Kho-Kho field

18-03-2024, 4:56:02 pm



HXFF+JF3, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 62°NE (T) ☉ 9.574152, 77.973482 ±3m ▲ -2m



Kho-kho field

20-03-2024, 4:18:18 pm



HXFF+JF3, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 201°S (T) • 9.574215, 77.973149 ±3m ▲ 4m



Ball Badminton court
18-03-2024, 3:42:59 pm



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Handball Court

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 134°SE (T) • 9.573356, 77.973023 ±3m ▲ 24m



Handball court
18-03-2024, 4:45:32 pm



3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 130°SE (T) • 9.573137, 77.973541 ±14m ▲ 26m



Net Ball field

20-03-2024, 4:12:43 pm



1, VOC Rd, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 123°E (T) • 9.575327, 77.972674 ±4m ▲ 24m



Tennikoit court
19-03-2024, 4:22:06 pm



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Pole Vault with Fibre Pole

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 73°NE (T) ● 9.574078, 77.973762 ±11m ▲ 26m



Pole vault
19-03-2024, 3:33:35 pm



HXFF+JF3, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 51°NE (T) ● 9.574047, 77.973713 ±61m ▲ 26m



High Jump

19-03-2024, 3:36:04 pm



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Long Jump and Triple Jump

HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 171°S (T) • 9.573677, 77.973381 ±7m ▲ -2m



3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 40°NE (T) • 9.573506, 77.973334 ±3m ▲ 7m







Checking street address ...

📍 24°N (T) • 9.573398, 77.973742 ±4m ▲ 26m

Discus sector
18-03-2024, 5:11:59 pm



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Hammer throw Sector

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 54°NE (T) ● 9.573401, 77.973715 ±7m ▲ 26m

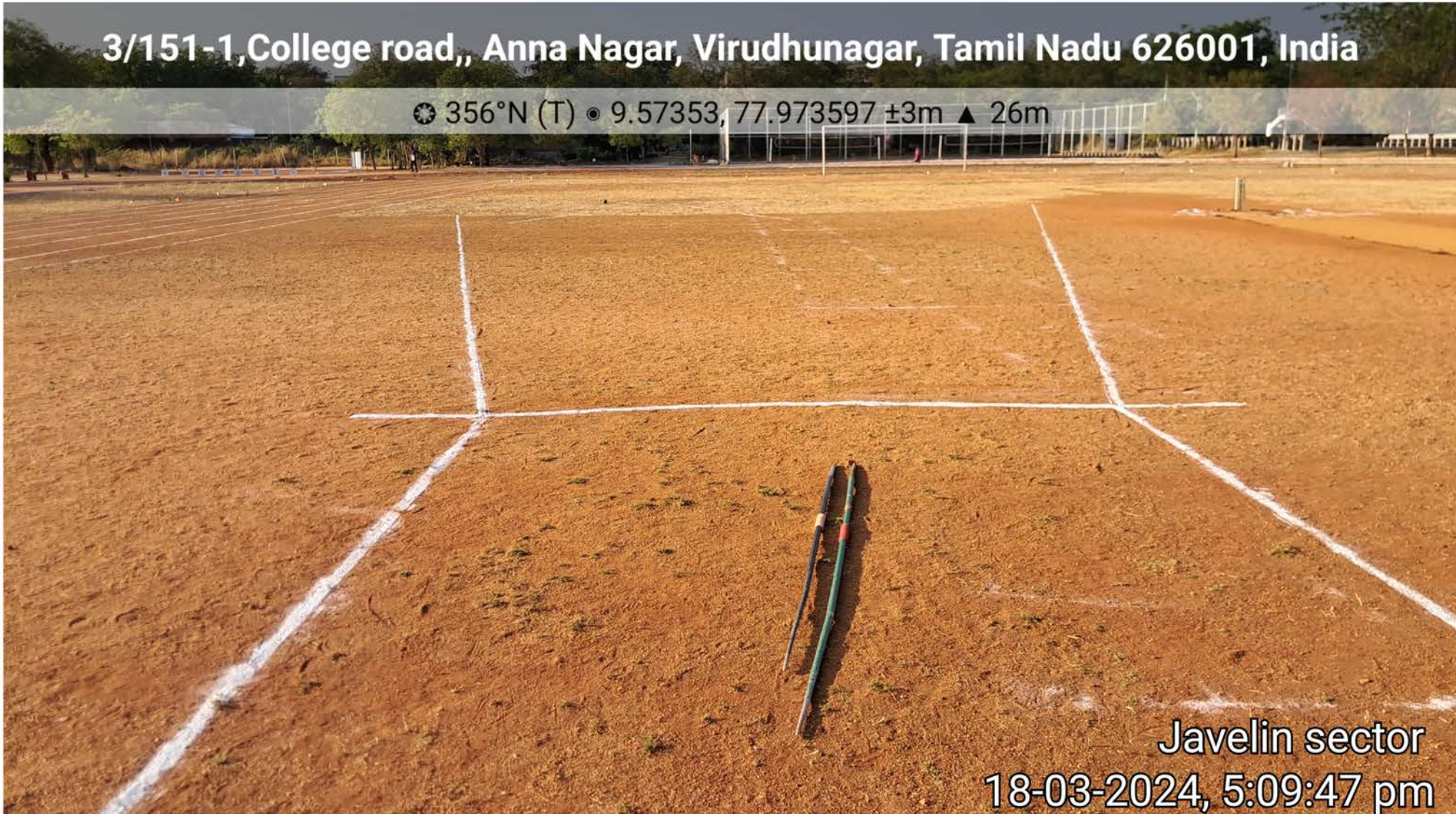


Hammer throw sector
18-03-2024, 5:13:12 pm



3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 356°N (T) ● 9.57353, 77.973597 ±3m ▲ 26m



Javelin sector

18-03-2024, 5:09:47 pm



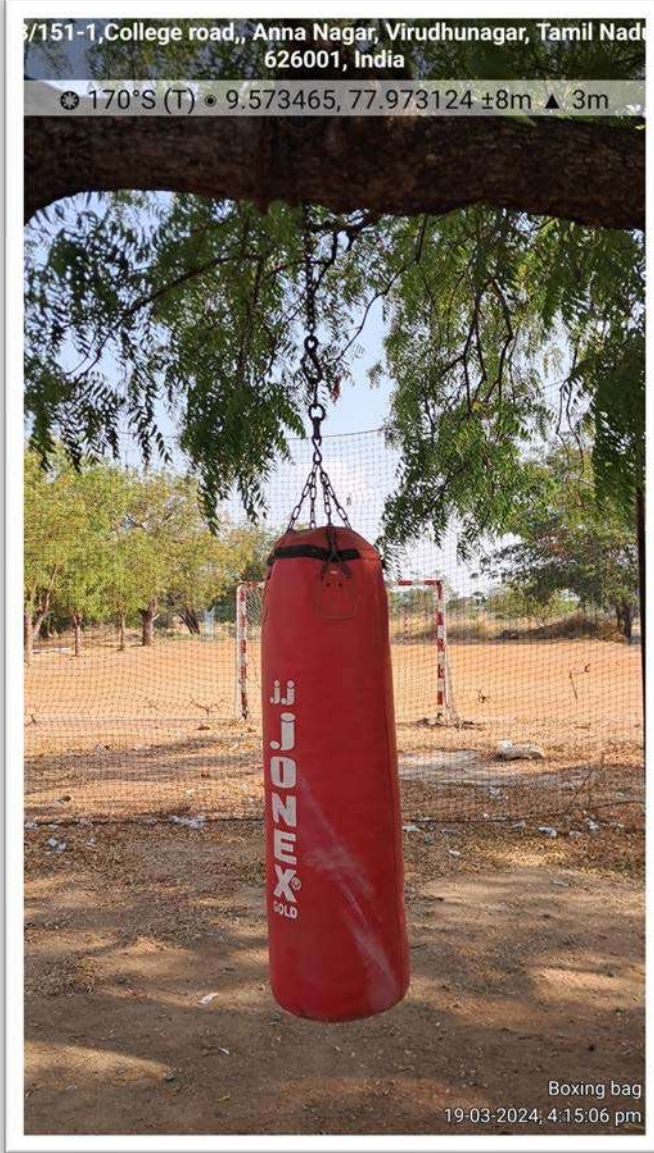
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Boxing Bag





3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 139°SE (T) • 9.573556, 77.973188 ±3m ▲ -4m



Vaulting horse
19-03-2024, 4:00:40 pm



3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 92°E (T) ☉ 9.573543, 77.973171 ±3m ▲ -2m



Pommel horse

19-03-2024, 3:58:04 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☀ 176°S (T) • 9.573808, 77.974384 ±11m ▲ 26m



Balancing Beam
19-03-2024, 3:45:00 pm



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Roman Ring





3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

84°E (T) • 9.573501, 77.973197 ±6m ▲ 13m



Parallel bar

19-03-2024, 3:56:17 pm



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Parallel Bar

3/151-1, College road,, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 56°NE (T) • 9.573428, 77.973032 ±19m ▲ 26m



Parallel bar

18-03-2024, 5:24:03 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 182°S (T) • 9.574385, 77.974185 ±3m ▲ 26m



Horizontal bar

18-03-2024, 3:34:42 pm



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Horizontal Bar

HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 18°N (T) • 9.573799, 77.972944 ±7m ▲ 24m



Horizontal bar
18-03-2024, 4:51:03 pm



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Rope Climbing Rope





HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 0°N (T) ● 9.573632, 77.974258 ±3m ▲ 2m



8 acupressure walkway
19-03-2024, 3:40:49 pm



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Indoor Stadium



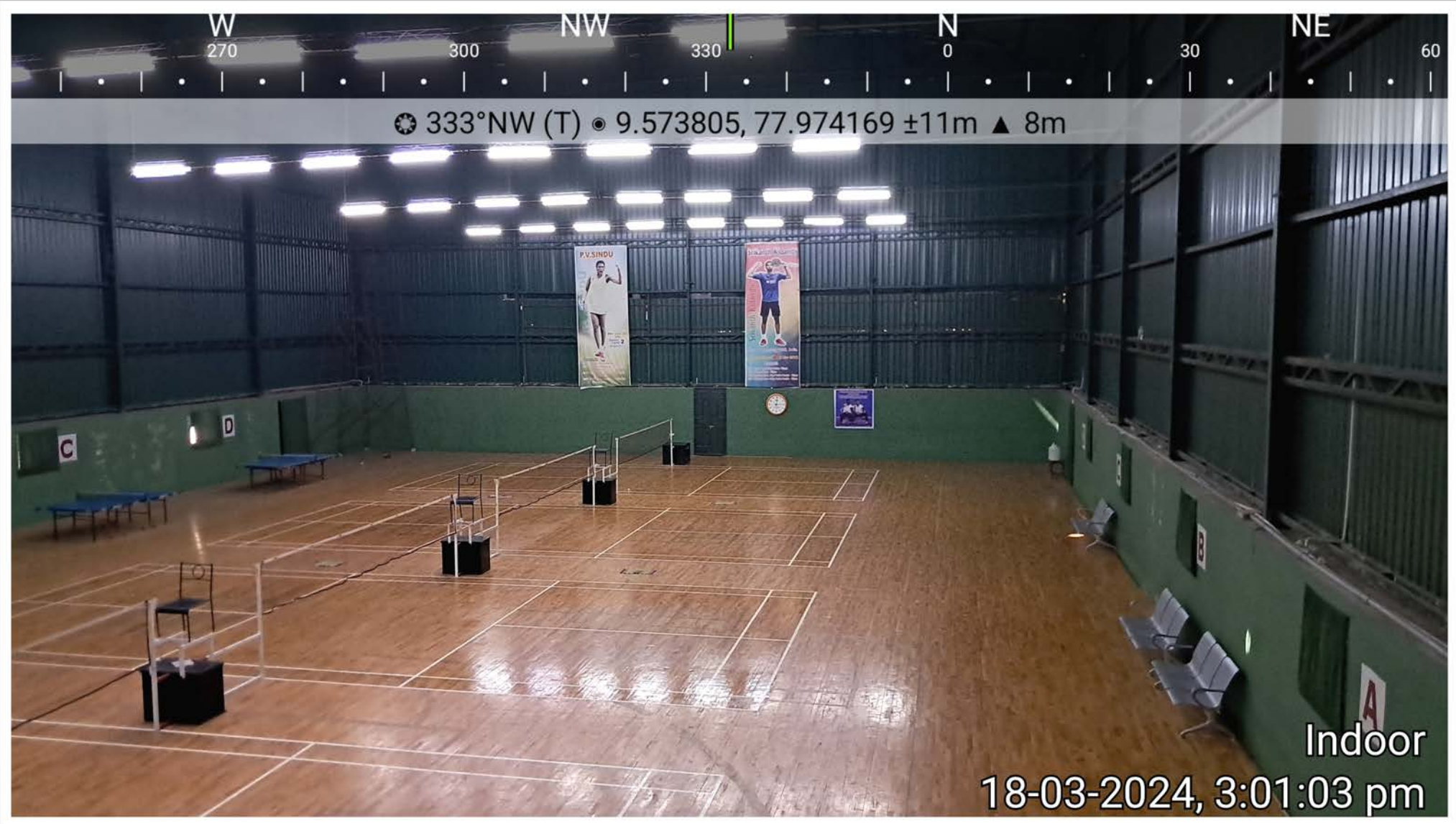
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Indoor Stadium with Wooden Floor – Multi Purpose



Indoor

18-03-2024, 3:01:03 pm



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Table Tennis Board





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☉ 46°NE (T) • 9.573862, 77.974251 ±7m ▲ 12m



Indoor - Chess arena
18-03-2024, 3:07:37 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 18°N (T) ☉ 9.573924, 77.974199 ±17m ▲ 1m



Indoor - Carrom
18-03-2024, 3:07:17 pm



Multi Gym



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 215°SW (T) • 9.574218, 77.974284 ±3m ▲ 26m



Gym - Multi Gym
18-03-2024, 3:31:09 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 49°NE (T) • 9.574343, 77.974273 ±10m ▲ 26m



Gym - Multi Press
18-03-2024, 3:13:07 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 51°NE (T) ☉ 9.574277, 77.974307 ±12m ▲ 26m



Gym - Bench Press

18-03-2024, 3:16:36 pm



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Multi Gym with Modern Equipment – Smith Machine

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☉ 144°SE (T) • 9.574327, 77.974316 ±5m ▲ 26m



Gym - Smith Machine
18-03-2024, 3:15:12 pm

HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 129°SE (T) • 9.5743, 77.974343 ±4m ▲ 26m



Gym - Smith Machine
18-03-2024, 3:16:03 pm



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Multi Gym with Modern Equipment – Lat Pull/ Vertical Row and Weight Plates

HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

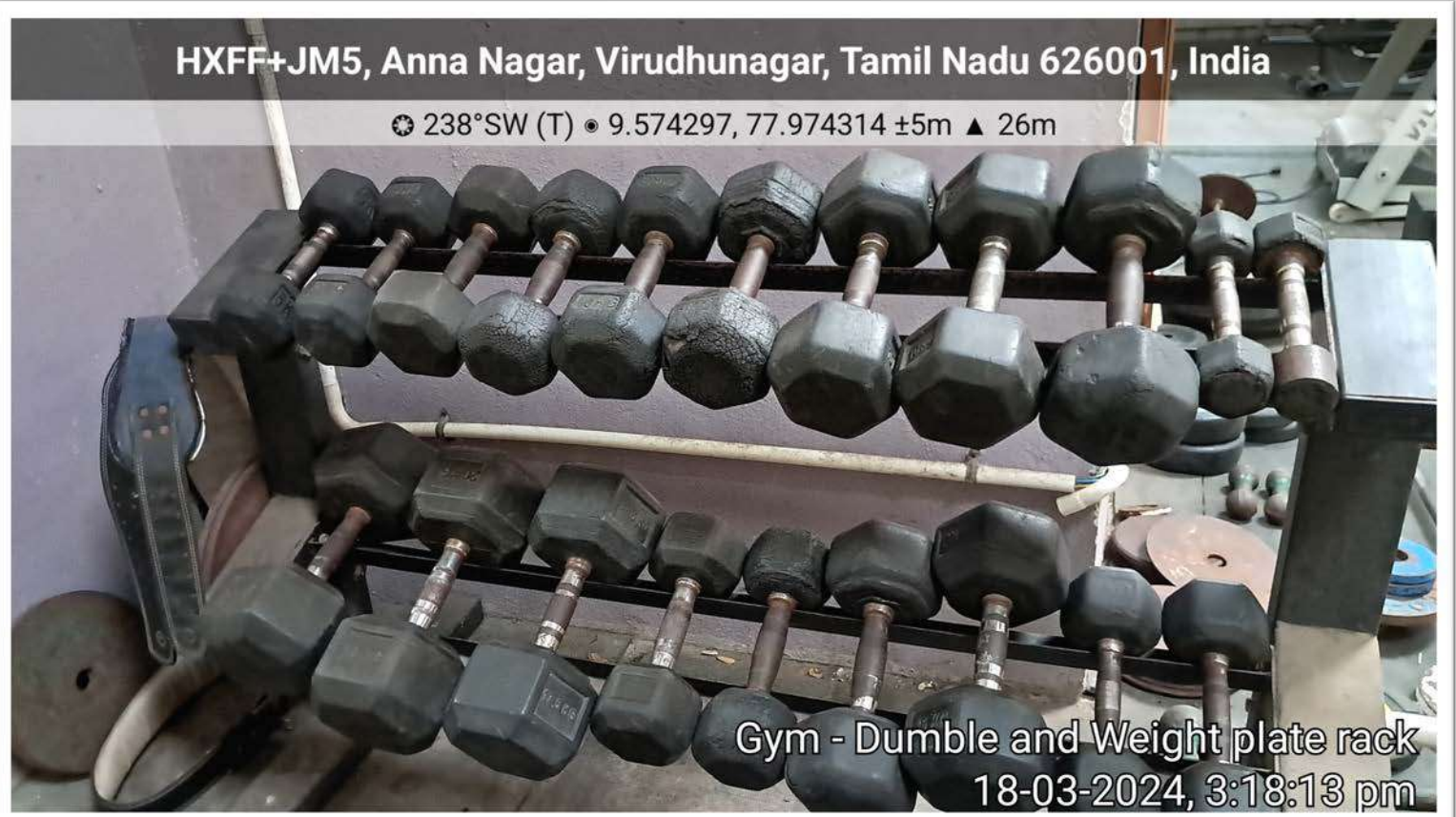
☉ 242°SW (T) • 9.574387, 77.974266 ±6m ▲ 26m



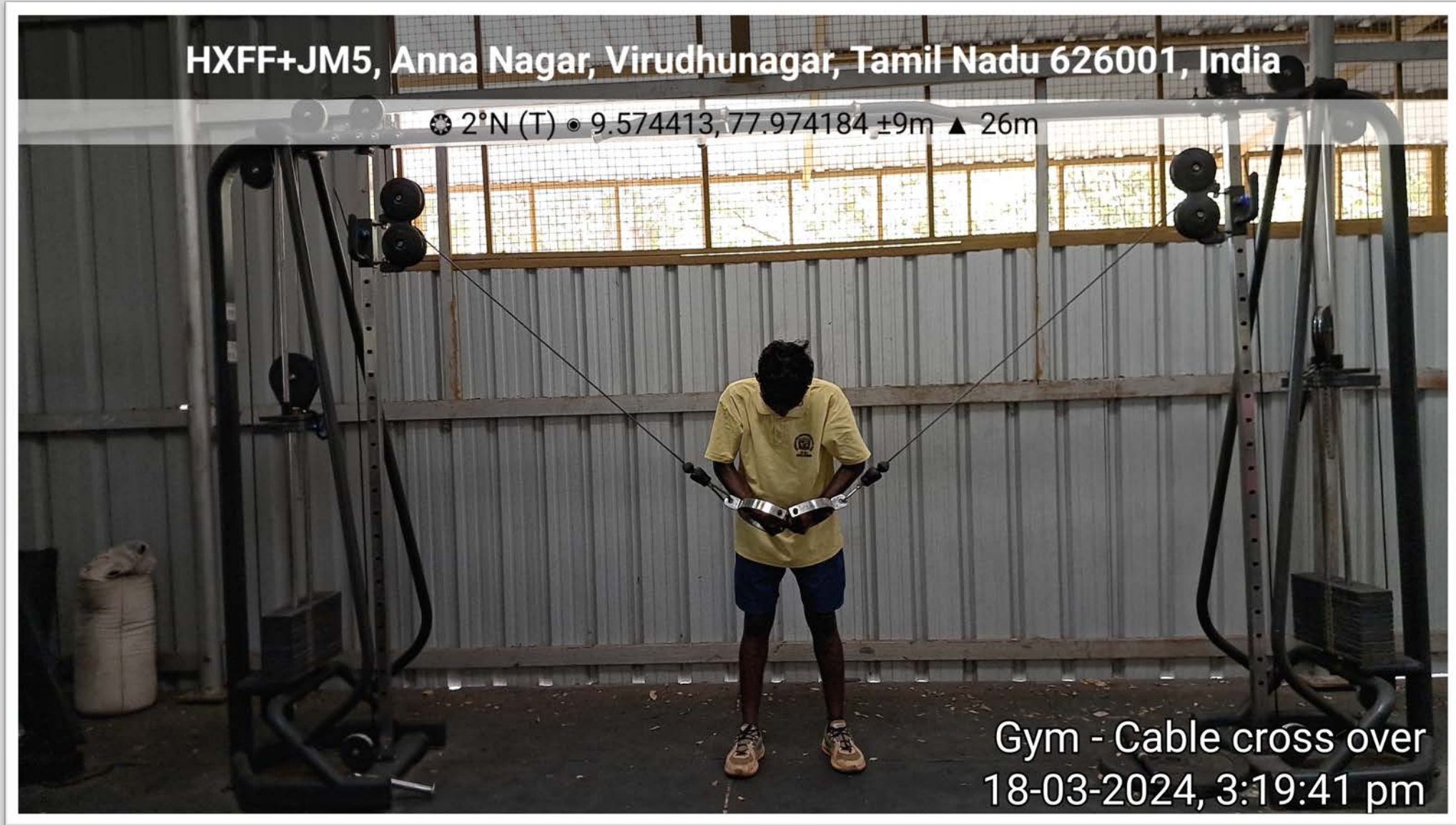
Gym - Lat Pull/ Vertical Row
18-03-2024, 3:17:24 pm

HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 238°SW (T) • 9.574297, 77.974314 ±5m ▲ 26m



Gym - Dumble and Weight plate rack
18-03-2024, 3:18:13 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 2°N (T) • 9.574413, 77.974184 ±9m ▲ 26m

**Gym - Cable cross over
18-03-2024, 3:19:41 pm**



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 246°SW (T) ☉ 9.574401, 77.974316 ±66m ▲ 26m



Gym - Traeadmill

18-03-2024, 3:23:28 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 259°W (T) 📍 9.574342, 77.97425 ±7m ▲ 26m



Gym - Recumbent bike
18-03-2024, 3:24:14 pm





HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

📍 264°W (T) 📍 9.574327, 77.974214 ±20m ▲ 26m



Gym - Hip twister
18-03-2024, 3:27:11 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 339°NW (T) ● 9.57426, 77.974221 ±9m ▲ 26m



Gym - Leg Curl/ Extension
18-03-2024, 3:29:01 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

☉ 357°N (T) • 9.57437, 77.974259 ±79m ▲ 26m



Gym - Leg Curl/ Extension
18-03-2024, 3:28:09 pm



HXFF+JM5, Anna Nagar, Virudhunagar, Tamil Nadu 626001, India

8°N (T) • 9.574148, 77.974212 ±23m ▲ 26m



Gym - Leg Press/ Calf Raise
18-03-2024, 3:30:05 pm