



VIRUDHUNAGAR HINDU NADARS' SENTHIKUMARA NADAR COLLEGE

(An Autonomous Institution Affiliated to Madurai Kamaraj University)

[Re-accredited with 'A' Grade by NAAC]

Virudhunagar – 626 001.

CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Pre-marital Guidance
3.	Title	Pre-marital Guidance
4.	Geographical Coverage	College Level
5.	Theme	Meaning of marriage commitment, Dismantling marriage fears.
6.	Date	7th August 2019
7.	Total No. of Participants	Total Participants: 87
8.	Resource Person (s) with designation & Official address	Ms. Ganga Vijayaragavan
9.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
10.	Co-ordinator Name	Dr.R.Meena Devi Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
11.	Attach the Invitation	Attached
12.	Attach the Photos	Attached
13.	Programme Summary:	<p>Our College OGA has organised pre marital guidance for our college girl students on 7th August 2019. Ms. Ganga Vijayaragavan was the special guest. The special guest gave premarital guidance to our college girls.</p>



Captain Dr. P. SUNDARA PANDIAN
PRINCIPAL
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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Teaching the importance of grooming and confidence
3.	Title	Teaching the importance of grooming and confidence
4.	Geographical Coverage	College Level
5.	Theme	Influences your emotions, adaptable to any environment
6.	Date	27.08.2019
7.	Total No. of Participants	Total Participants: 312
8.	Resource Person (s) with designation & Official address	HR Trainer Hindustan Unilever Ltd
9.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
10.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
11.	Attach the Invitation	Attached
12.	Attach the Photos	Attached
13.	Programme Summary:	<p>Our College OGA has organized guest lecture on "Teaching the importance of grooming and confidence" for our college girl students on 27th August 2019.Hindustanuniliver HR Trainer was the special guest. The special guest gave awareness and lecture on importance of grooming and confidence.</p>



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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Anemia deduction camp
3.	Title	Anemia deduction camp
4.	Geographical Coverage	College Level
5.	Date	16.12.2019 & 23.12.2019
6.	Total No. of Participants	Total Participants: 494
7.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
8.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
9.	Attach the Invitation	Attached
10.	Attach the Photos	Attached
11.	Programme Summary:	<p>Our College OGA has organised Anemia deduction camp. 494 girls students participated and benefited in the anemia deduction camp.</p>




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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Entrepreneurial Training
3.	Title	Entrepreneurial Training
4.	Geographical Coverage	College Level
5.	Date	11.02.2020
6.	Total No. of Participants	Total Participants: 68
7.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
8.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
9.	Attach the Invitation	Attached
10.	Attach the Photos	Attached
11.	Programme Summary:	<p style="text-align: center;">Our College OGA has organised Entrepreneurial training program for our college girl students on 11th February 2020.</p>




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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Happy Life
3.	Title	Happy Life
4.	Geographical Coverage	College Level
5.	Date	13.02.2020
6.	Total No. of Participants	Total Participants: 82
7.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
8.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
9.	Attach the Invitation	Attached
10.	Attach the Photos	Attached
11.	Programme Summary:	<p>Our College OGA has organised guest lecture on "Happy life" for our college girl students and lady staff members on 23rd January 2020.</p>



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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Health Awareness Programme
3.	Title	Health Awareness Programme
4.	Geographical Coverage	College Level
5.	Date	27.02.2020
6.	Total No. of Participants	Total Participants: 286
7.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
8.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
9.	Attach the Invitation	Attached
10.	Attach the Photos	Attached
11.	Programme Summary:	<p>Our College OGA has organised Health awareness Programme for our college girl students and lady staff members on 27th February 2020.</p>



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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Road Safety Measures
3.	Title	Road Safety Measures
4.	Geographical Coverage	College Level
5.	Date	27.02.2020
6.	Total No. of Participants	Total Participants: 269
7.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
8.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
9.	Attach the Invitation	Attached
10.	Attach the Photos	Attached
11.	Programme Summary:	<p>Our College OGA has celebrated International Women's day . The special guest gave awareness and lecture on Road safety measures.</p>



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CAMPUS EVENT REPORT

1.	Department	----
2.	Activity	Science Day Celebration
3.	Title	Science Day Celebration
4.	Geographical Coverage	College Level
5.	Date	27.02.2020
6.	Total No. of Participants	Total Participants: 28
7.	Organizing Secretary	Dr.R.Meena, Assistant Professor Department of English VHNSN College (Autonomous), Virudhunagar
8.	Co-ordinator Name	Dr.Y.Vidhya Assistant Professor Department of English, VHNSN College (Autonomous), Virudhunagar.
9.	Attach the Invitation	Attached
10.	Attach the Photos	Attached
11.	Programme Summary:	<p>Our College OGA has organised "Science day celebration". Students from various schools in virudhunagar district participated in the science exhibition.</p>



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CAMPUS EVENT REPORT

1.	Department	National Service Scheme
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Awareness Program on Breast Cancer
3.	Title	Awareness Program on Breast Cancer
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College Level
5.	Theme	- To give awareness on Breast Cancer to the Girls Students and Lady Faculty Members
6.	Date	27th August, 2019
7.	Total Expenditure	1,000
8.	Funding Agency (ies)	Lions Club of Virudhunagar and Devaki Hospitals.
9.	Sponsor (s)	Old Girls Association
10.	Total No. of Participants	320 VHNSNC NSS Volunteers: 320 10 Staff Mambers
11.	Joint organizer	Lions Club of Virudhunagar and Devaki Hostipals, Virudhunagar.
12.	Resource Person (s) with designation & Official address	Tmt. B. Lakshmi, Senior Staff Nurse, Devaki Hostipals, Virudhunagar.



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13.	Organising Committee members	Dr.R.Jeeva, Dr.K.Pushpa Veni , Mrs.R.K.Manju@Mahalakshmi, NSS Programme Officer VHN Senthikumara Nadar college, (Autonomous), Virudhunagar.
14.	Attach the Invitation / Circular	-Attached-
15.	Attach the Photos (minimum 5 photos)	-Attached-
16.	Programme Summary: To give awareness on Breast Cancer to the Girls Students and Lady Faculty Members with joint hands with Lions Club of Virudhunagar and Devaki Hostipals, Virudhunagar. Tmt.B.Lakshmi, Senior Staff Nurse, Devaki Hostipals, Virudhunagar was the Speaker . Totally 320 NSS Volunteers were attended the Awareness Programme and 10 Lady Faculty members were attended.	




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CAMPUS EVENT REPORT

1.	Department	National Service Scheme
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Entrepreneurial Training programme for Adopted Village Women
3.	Title	Entrepreneurial Training programme for Adopted Village Women
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	Village Level
5.	Theme	- To give awareness on Entrepreneurship to the Adopted Village Women in Periyavallikulam Panchayat.
6.	Date	27th August, 2019
7.	Mode of Delivery	--
8.	Total Expenditure	1,000
9.	Funding Agency (ies)	Nila Soap Factory, Sivakasi.
10.	Total No. of Participants	65 Women in Periyavallikulam Panchayat.
11.	Resource Person (s) with designation & Official address	Rtn.Nila.Arumugam, Proprietor, Nila Soap Factory, Sivakasi.
12.	Organising Committee members	Dr.R.Jeeva, Dr.K.Pushpa Veni , Mrs.R.K.Manju@Mahalakshmi, NSS Programme Officer



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		VHN Senthikumara Nadar college, (Autonomous), Virudhunagar.
13.	Attach the Invitation / Circular	-Attached-
14.	Attach the Photos (minimum 5 photos)	-Attached-
15.	Programme Summary: To give awareness on Entrepreneurship to the Adopted Village Women in Periyavallikulam Panchayat, Entrepreneurial Training programme was given for Adopted Village Women. Rtn.Nila.Arumugam, Proprietor, Nila Soap Factory, Sivakasi. Totally 65 Adopted Village Women in Periyavallikulam Panchayat,were attended the Awareness Programme and 5 Lady Faculty members were attended.	




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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Title	Soft Skills for Career Development
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	To boost the skills of girl students on communication, leadership and more in their life.
6.	Date	21-01-2020
7.	Venue	Mini Conference Hall, IRCB
8.	Total Expenditure	---
9.	Total No. of Participants	Local Participants (VHNSNC): First year Girl Students - 68
10.	Resource Person (s)with designation & Officialaddress	Dr.P. Uma Devi M.Sc., M.Phil., Ph.D., Assistant Professor in Physics VHNSN College (Autonomous)
11.	Co-ordinator Name / Convenor name	Mrs.J.Nagasudha, Assistant Professor of IT Dr.S.Maheshwari, Assistant Professor of Commerce
12.	Attach the Invitation / Circular	Attached
13.	Attach the Photos (minimum 5 photos)	Not Attached
14.	Programme Summary: Soft skills are personal attributes that enable the girl students to interact effectively. The interactive exercises related to teamwork, leadership, communication and problem solving. The students are actively participated in this guest lecture.	




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Personality Development Cell



We cordially invite you for the Personality Development Cell's
Guest Lecture Programme on 21st January 2020.

Resource Person : Dr. P. Uma Devi M.Sc., M.Phil., Ph.D.,
Assistant Professor in Physics
VHNSN College (Autonomous)

Topic : **Soft Skills for Career Development**

Venue : Mini Conference Hall, IRCB

Time : 3.40pm - 5.00pm

All are cordially invited!!!

Co-ordinators

Mrs.J.Nagasudha, Assistant Professor of Information Technology,

Dr.S.Maheshwari, Assistant Professor of Commerce,

and

Personality Development Cell Members



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	
3.	Title	Overall programme
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	To improve overall personality of the girl students
6.	Date	16-03-20
7.	Venue	
8.	Total Expenditure	
9.	Funding Agency (ies)	---
10.	Sponsor (s)	---
11.	Total No. of Participants	Other State Participants: Outstations Participants: Local Participants (VHNSNC): 70 First year Girl students
12.	Publication Type (Proceedings / Edited Book / Technical Note / Handout / others)	----
13.	Publications Title with ISBN	----



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	(i) No. of Articles received	---
	(ii) No. of Articles published	---
	(iii) No. of Articles presented	---
14.	Joint organizer	---
15.	Resource Person (s) with designation & Official address	
16.	Co-ordinator Name / Convenor name	Mrs. J.Naga Sudha, Assistant Professor in IT Dr. S.Maheshwari, Assistant Professor in Commerce
17.	Attach the Invitation / Circular	
18.	Attach the Photos (minimum 5 photos)	
19.	<p>Our college Personality Development Cell has been functioning effectively since the year 2009. Developing the personal traits of the students on their own is an art and it is effectively performed and encouraged by our cell every year by giving inspirational speeches and motivational activities. The cell has been monitored by the following co-ordinators. 1. Ms. J. Nagasudha (Department of I.T.) 2. Dr. S. Maheshwari (Department of Commerce)</p> <p>The following sessions have been handled to direct the students to achieve successful outcomes with self-confidence.</p>	



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SL.NO	DATE	TOPIC	RESOURCE PERSON	TOTAL STRENGTH
1.	23-07-19	You-Youth of Unity	Mrs.N.Padmavathy Dept of Commerce	70
2.	30-07-19	Stress Management	Dr.P.Shanthi Dept of I.T	70
3.	06-08-19	Ethical Sense in Dressing	Mrs.J.Athirstam Head&Asst Professor Dept of Costume Design &Fashion	70
4.	20-08-19	Be Best Yourself	Mrs.M.Karthigaieswar i Dept of Computer Applications	70
5.	27-08-19	Self –Sculpting	Dr.N.Sugantha Meena Dept of Maths	70
6.	03-09-19	Thirumoolarin Muthiraihal oru Muthaippu	Dr.S.Durga Devi Dept of PG Tamil	70
7.	12-09-19	Time Management	Mrs.J.Nagasudha Dept of I.T.	70
8.	19-09-19	Penne Unnai Nalaiya Varalaru Potrattum	Dr.E.Selvi Dept of Tamil	70
9	24-09-19	Impressive Public Speaking	Mrs.G.Petchiammal Dept of Maths	70
10	10-10-19	Master Your Thoughts	Dr.J.Jayalakshmi Dept of Economics	70
11.	15-10-19	Enriching your spoken English	Mrs.T.Krishnaveni Dept of I.T	70
12.	10-12-19	Life Skills	Mrs.A.Rizwana	70



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		Development	Dept of Maths	
13	17-12-19	Underwater Rangoli	Mrs.P.Geetha Dept of Commerce	70
14.	07-01-20	Self –Discipline	Dr.T.Shanmuga Prabha Dept of Microbioloigy	70
15.	21-01-20	Soft Skills for Career Development	Dr.P.Uma Devi Dept of Physics	70
16.	18-02-20	Games: A bonanza to human brain	Dr.S.Maheshwari Dept of Commerce	70



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Training
3.	Title	Under water Rangoli
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	To improve overall personality of the girl students
6.	Date	17.12.2019
7.	Venue	Mini Conference Hall, IRCB
8.	Total Expenditure	500/-
9.	Funding Agency (ies)	---
10.	Sponsor (s)	---
11.	Total No. of Participants	Other State Participants: Outstations Participants: Local Participants (VHNSNC): 70 First year Girl Students
12.	Publication Type (Proceedings / Edited Book / Technical Note / Handout / others)	----
13.	Publications Title with ISBN	----



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	(i) No. of Articles received	---
	(ii) No. of Articles published	---
	(iii) No. of Articles presented	---
14.	Joint organizer	---
15.	Resource Person (s) with designation & Official address	Mrs. P.Geetha, Assistant Professor in Commerce, V.H.N.S.N.College(Autonomous)
16.	Co-ordinator Name / Convenor name	Mrs. J.Naga Sudha, Assistant Professor in IT Dr. S.Maheshwari, Assistant Professor in Commerce
17.	Attach the Invitation / Circular	Invitation attached



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18. Attach the Photos (minimum 5 photos)



19. Programme Summary: The resource person Mrs.P.Geetha was welcomed by Mrs. J.Naga sudha, Assistant Professor in IT. Drawing kolam is an auspicious art which brings prosperity to homes. People thought that, it symbolically prevents evil spirits from entering into the home. It is drawn by using powders and colours. The resource person gave training on under water and floating rangolis. Students showed interest in doing the work themselves after seeing the performance of the guest. The session was ended up with vote of thanks given by Mrs. J. Naga sudha, co-ordinator of Personality Development Cell.



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V.H.N. Senthikumara Nadar College

(Autonomous)

Virudhunagar

Personality Development Cell

We cordially invite you for the Personality Development Cell's Training Programme on 17th December 2019. Kindly join us and grace the function.

Resource Person : Mrs.P.Geetha M.Com.,NET.,

Asst. Prof. of Commerce

VHNSN College (Autonomous)

Topic : Under Water Rangoli

Venue : Mini Conference Hall, IRCB

Time : 4.10pm - 5.30pm

Soliciting your august presence

Personality Development Cell Members



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Title	Ethical Sense in Dressing
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	To improve overall personality of the girl students
6.	Date	06.08.2019
7.	Venue	Multi Media Hall
8.	Total Expenditure	500/-
9.	Funding Agency (ies)	----
10.	Sponsor (s)	----
11.	Total No. of Participants	Other State Participants: Outstations Participants: Local Participants (VHNSNC): 72 I year students
12.	Publication Type (Proceedings / Edited Book / Technical Note / Handout / others)	----
13.	Publications Title with ISBN	----
	(i) No. of Articles received	----




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	(ii) No. of Articles published	----
	(iii) No. of Articles presented	----
14.	Joint organizer	----
15.	Resource Person (s) with designation & Official address	Mrs. J.Athirstam M.Sc., M.phil., Head and Asst. Prof. of Costume Design and Fashion VVV College for Woment Virudhunagar.
16.	Co-ordinator Name / Convenor name	Mrs. J.Naga Sudha, Assistant Professor in IT Dr. S.Maheshwari, Assistant Professor in Commerce
17.	Attach the Invitation / Circular	Invitation attached
18.	Attach the Photos (minimum 5 photos)	
19.	Programme Summary: The resource person Mrs.J.Athirstam was welcomed by Dr.Jeyalakshmi,	



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Asst., Prof., in Economics. Nature beautifies the people and places. Looking beauty is possible not only by being good-looking persons but by pleasing the surroundings also. The beautiful surroundings will be gorgeous only by showing loveliness among the individuals. The amazing circle is possible among the human beings who have knowledge on it.

The Resource person imparted the sense in dressing which explicit the Ethos and culture of our soil. Seventy two students participated to hear the traditional advices on how to look smart during all occasions.

The session was ended up with vote of thanks given by Mrs. T.Krishnaveni, Asst., Prof., in Information Technology.



Captain Dr. P. SUNDARA PANDIAN
PRINCIPAL
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Virudhunagar Hindu Nadars' Senthikumara Nadar College

(Autonomous)

Virudhunagar

Personality Development Cell

We cordially invite you for the Personality Development Cell's Guest Lecture on 6th August 2019. Kindly join us and grace the function.

Resource Person : Mrs.J.Athirstam M.Sc., M.Phil.,

Head&Asst. Prof. of Costume Design and Fashion

VVV College for Women

Virudhunagar

Topic : Ethical Sense in Dressing

Venue : Multimedia Hall

Time : 4.05pm - 5.15pm

Soliciting your august presence

Personality Development Cell Members

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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Title	Games:A Bonanza to human brain
4.	Geographical Coverage(State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	To inculcate and improve the brain -power.
6.	Date	18-02-2020
7.	Venue	Mini Conference Hall, IRCB
8.	Total No. of Participants	Local Participants (VHNSNC): 66 First year Girl Students
9.	Resource Person (s) with designation & Official address	Dr.S.Maheshwari,M.Com., M.Phil.,Ph.D Assistant Professor of Commerce, VHNSNC (Autonomous)
10.	Co-ordinator Name / Convenor name	Mrs. J.Nagasudha, Assistant Professor of IT Dr. S.Maheshwari, Assistant Professor of Commerce
11.	Attach the Invitation / Circular	Attached
12.	Programme Summary: The Resource person explained how to develop knowledge with the help of puzzle games to the students. The students were motivated to improve brain -power by conducting riddle games. The students shared their experience on their success story. The students enthusiastically participated in this session.	

V.H.N. Senthikumara Nadar College (Autonomous)

Virudhunagar



PERSONALITY DEVELOPMENT CELL



We cordially invite you for the Personality Development Cell's Guest Lecture Programme on 18-02- 2020.
Kindly join us and grace the function.

Resource Person : **Dr.S.Maheshwari,M.Com., M.Phil.,Ph.D**
Assistant Professor of Commerce,
VHNSN College (Autonomous)

Topic : **Games:A Bonanza to human brain**
Venue : **Mini Conference Hall, IRCB**
Time : **3.40pm - 5.00pm**

Co-ordinators
Mrs.J.Nagasudha, Assistant Professor of IT
Dr.S.Maheshwari, Assistant Professor of Commerce

Soliciting your august presence

Personality Development Cell Members



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Category of Activity (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills (Yoga, Physical fitness, Health and Hygiene), 4. Awareness of Trends in Technology, 5. Research, 6. IPR, 7. Entrepreneurship, 8. Skill Development)	Soft skills
4.	Title	Life Skills Development
5.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	Inter Department Level
6.	Theme	To motivate the female students to build their Life Skills.
7.	Date	10-12-2019
8.	Venue	Mini Conference Hall, Idhayam Rajendran Computer Block
9.	Total Expenditure	NIL
10.	Funding Agency (ies)	NA
11.	Sponsor (s)	NA
12.	Total No. of Participants	Other State Participants: - Outstations Participants: - Local Participants (VHNSNC): 67
13.	Resource Person (s) with designation & Official address	Dr.A.Rizwana.,M.Sc.,M.Phil.,Ph.D., Assistant Professor of Mathematics, VHNSN College (Autonomous), Virudhunagar.
14.	Co-ordinator Name / Convenor name	Mrs. J.Nagasudha, Assistant Professor of IT Dr. S.Maheshwari, Assistant Professor of Commerce



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	Attach the Invitation / Circular	Attached
16.	<p>Programme Summary:</p> <p>The session started with the introduction of “What are Life Skills”. The importance of providing this topic is to make female students develop their abilities for positive behaviour that enables them to deal effectively with the challenges of everyday life. Three students eagerly and sportively explained the “Beauty of Life” with their own experiences. The following topics including, The purpose and objective of Life Skills, Personal Growth, Life Skills Education, Employability, 4H Factors were discussed. Finally, the students were motivated to develop their life skills through “Life Skills Tree”</p>	



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Virudhunagar-626001



Personality Development Cell



We cordially invite you to the Personality Development Cell's Guest Lecture Programme on 10th December 2019. Kindly join us and grace the function.

Resource Person : Dr. A. Rizwana., M.Sc., M.Phil., Ph.D., Assistant Professor of Mathematics, VHNSN College (Autonomous), Virudhunagar

Topic : Life Skills Development

Venue : Mini Conference Hall, IRCB

Time : 3.40pm – 5.00pm

Coordinators

**Mrs. J.Nagasudha, Assistant Professor of IT
Dr. S.Maheshwari, Assistant Professor of Commerce**

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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Category of Activity (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills (Yoga, Physical fitness, Health and Hygiene), 4. Awareness of Trends in Technology, 5. Research, 6. IPR, 7. Entrepreneurship, 8. Skill Development)	Soft skills
4.	Title	Impressive Public Speaking
5.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	Inter Department Level
6.	Theme	An activity based training to the students on Public Speaking
7.	Date	24.09.2019
8.	Venue	Mini Conference Hall, Idhayam Rajendran Computer Block
9.	Total Expenditure	NIL
10.	Funding Agency (ies)	NA
11.	Sponsor (s)	NA
12.	Total No. of Participants	Other State Participants: - Outstations Participants: - Local Participants (VHNSNC): 68
13.	Resource Person (s) with designation & Official address	Mrs.G.Petchiammal.,M.Sc.,M.Phil.,SET., Assistant Professor of Mathematics, VHNSNCollege (Autonomous), Virudhunagar.
14.	Co-ordinator Name / Convenor name	Mrs. J.Nagasudha, Assistant Professor of IT



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		Dr. S.Maheshwari, Assistant Professor of Commerce
15.	Attach the Invitation / Circular	Attached
16.	<p>Programme Summary:</p> <p>The following are discussed</p> <ol style="list-style-type: none">(1) Personal and social benefits of public speaking(2) Evolution of public speaking(3) Five canons of Rhetoric(4) Modern elements of speaking(5) Three styles of speech(6) Overcoming from fear of public speaking(7) Hidden psychology behind the fear of public speaking(8) Ways to transform the public speaking fear into excitement(9) Components of a successful speech(10) Three P's of a successful speech <p>Two videos are shown to the students and they are encouraged to say their point of view about the videos by using the above skills .</p>	



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PERSONALITY DEVELOPMENT CELL



We cordially invite you to the Personality
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Kindly join us and grace the function.

**Resource Person : Mrs.G.Petchiammal, M.Sc., M.Phil., SET.,
Assistant Professor of Mathematics,
VHNSN College (Autonomous),
Virudhunagar.**

Topic : Impressive Public Speaking

Venue : Mini Conference Hall, IRCB

Time : 3.40pm - 5.00pm

Coordinators

Mrs.J.Nagasudha, Assistant Professor of IT

Dr.S.Maheshwari, Assistant Professor of Commerce

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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Title	Be Best Yourself
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	To improve the confidence of the girl students
6.	Date	20-08-2019
7.	Venue	Mini Conference Hall, IRCB
8.	Total Expenditure	---
9.	Total No. of Participants	Local Participants (VHNSNC): 67 First year Girl Students
10.	Resource Person (s) with designation & Official address	Mrs. M. Karthigaieswari, Assistant Professor of Computer Applications, V.H.N.S.N.College(Autonomous)
11.	Co-ordinator Name / Convenor name	Mrs.J.Nagasudha, Assistant Professor of IT Dr.S.Maheshwari, Assistant Professor of Commerce
12.	Attach the Invitation / Circular	Attached
13.	Programme Summary: This guest lecture programme was used for girl students' to improve their self confidence. Human personality is constructive and optimistic outlook towards many life challenges. So, I explained about how to improve their self confidence through daily activity like wake up in the early in the morning. Finally, the girls were accepted to improve their self-confidence.	



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**V.H.N. SenthikumaraNadar College (Autonomous)
Virudhunagar**

Personality Development Ce



We cordially invite you for the Personality
Development Cell's Guest Lecture Programme on 20th August 2019.

Kindly join us and grace the function.

Resource Person : **Mrs. M. Karthigaieswari** ,
Assistant Professor in Computer Applications,
VHNSN College (Autonomous)

Topic : **Be Best Yourself**

Venue : **Mini Conference Hall, IRCB**

Time : **3.40pm - 5.00pm**

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Personality Development Cell Members



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Title	YOU – Youth Of Unity
4.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
5.	Theme	The role of youth in society is to change the future of the society.
6.	Date	23.07.2019
7.	Venue	Mini Conference Hall, IRCB
8.	Total Expenditure	---
9.	Total No. of Participants	Local Participants (VHNSNC): 65 Girls Students
10.	Resource Person (s)with designation & Official address	Mrs.N.Padmavathy,M.Com.,M.Phil., PGDCA., Assistant Professor of Commerce VHNSN College (Autonomous), Virudhunagar.
11.	Co-ordinator Name / Convenor name	Dr.S.Maheshwari, Assistant Professor of Commerce Mrs. J.Nagasudha, Assistant Professor of IT
12.	Attach the Invitation / Circular	Attached
13.	Programme Summary: For what reason I have chosen this topic is to provide a opportunity to explore a concept of youth and unity and to create a chance to know their own identity, self worth, confidence and a feeling of unity. Because the role of youth in society is to change the future of the society with their well being and courageous behaviour.	



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PERSONALITY DEVELOPMENT CELL

INVITATION

GUEST LECTURE
ON
YOU – YOUTH OF UNITY

RESOURCE PERSON

=====

Mrs.N.PADMAVATHY, M.Com.,M.Phil.,PGDCA.,
Assistant Professor
Department of Commerce
V.H.N.S.N.College (Autonomous)
Virudhunagar.

=====

Venue: Mini Conference Hall, IRCB
Time : 3.40 – 5.00 PM
Date : 23.07.2019

=====

Co-ordinators

Dr.S.Maheshwari, Assistant Professor of Commerce
Mrs.J.Nagasudha, Assistant Professor of IT

All are cordially invited
Personality Development Cell Members
V.H.N.S.N.College (Autonomous),
Virudhunagar – 626 001.



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Category of Activity (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills (Yoga, Physical fitness, Health and Hygiene), 4. Awareness of Trends in Technology, 5. Research, 6. IPR, 7. Entrepreneurship, 8. Skill Development)	Soft Skills
4.	Title	Stress Management
5.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
6.	Theme	To motivate the girl student to get knowledge about stress management in their life.
7.	Date	30-07-2019
8.	Venue	Mini Conference Hall, IRCB
9.	Total No. of Participants	Other State Participants: Nil Outstations Participants: Nil Local Participants (VHNSNC): 68
10.	Resource Person (s) with designation & Official address	Dr.P.Shanthi M.Sc.,M.Phil.,Ph.D., Assistant Professor of IT VHNSNC (Autonomous)
11.	Co-ordinator Name / Convenor name	Mrs.J.Nagasudha, Assistant Professor of IT Dr.S.Maheshwari, Assistant Professor of Commerce
12.	Attach the Invitation / Circular	Attached
13.	Programme Summary: In this session, the resource person explained how to manage stress in their day to day life. The stress can be managed by doing their daily activities like doing yoga, meditation, healthy diet, listen music, planning their routine and enough sleep. And also discuss some tips to handle stress in their life. Stress management helps to improve their life using real time examples also discussed. The inspiring video on stress management for well being where shown to the students. Students more actively participated in this session.	

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Virudhunagar Hindu Nadar's Senthikumara Nadar College
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Virudhunagar



Personality Development Cell



We cordially invite you for the Personality Development Cell's Guest Lecture Programme on 30th July 2019. Kindly join us and grace the function.

Resource Person : Dr P. Shanthy M.Sc., M.Phil., Ph.D.,
Assistant Professor of IT,
VHNSN College (Autonomous)

Topic : Stress Management

Venue : Mini Conference Hall, IRCB

Time : 4.15pm - 5.30pm

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presence***

Personality Development Cell Members



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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Category of Activity (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills (Yoga, Physical fitness, Health and Hygiene), 4. Awareness of Trends in Technology, 5. Research, 6. IPR, 7. Entrepreneurship, 8. Skill Development)	Soft skills
4.	Title	Self Sculpting
5.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	Inter Department Level
6.	Theme	An activity based training to the students on the topic "Self Sculpting"
7.	Date	27.08.2019
8.	Venue	Mini Conference Hall, Idhayam Rajendran Computer Block
9.	Total Expenditure	NIL
10.	Funding Agency (ies)	NA
11.	Sponsor (s)	NA
12.	Total No. of Participants	Other State Participants: - Outstations Participants: - Local Participants (VHNSNC): 65
13.	Resource Person (s) with designation & Official address	Dr.N.Sugantha Meena,M.Sc.,M.Phil.,Ph.D., Assistant Professor of Mathematics, VHNSN College (Autonomous). Virudhunagar.
14.	Co-ordinator Name / Convenor name	Mrs. J.Nagasudha, Assistant Professor of IT



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		Dr. S.Maheshwari, Assistant Professor of Commerce
15.	Attach the Invitation / Circular	Attached
16.	<p>Programme Summary:</p> <p>Self Sculpting is the self making of ourselves. The session started with an activity. The students filled “ who am I” questionare which enabled the students to understand themselves. The following points were discussed in detail: “Self love, Self Esteem, Self confidence, Self Control”. The session ended with an activity “Self test”.</p>	




Captain Dr. P. SUNDARA PANDIAN
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Personality Development Cell



We cordially invite you to the Personality Development Cell's Guest Lecture Programme on 27th August 2019.
Kindly join us and grace the function.

Resource Person : Dr. N.Sugantha Meena, M.Sc., M.Phil., Ph.D.,
Assistant Professor of Mathematics,
VHNSN College (Autonomous), Virudhunagar

Topic : Self Sculpting

Venue : Mini Conference Hall, IRCB

Time : 4.15pm - 5.30pm

Coo **Coordinators**
Mrs. J.Nagasudha, Assistant Professor of IT
Dr. S.Maheshwari, Assistant Professor of Commerce

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CAMPUS EVENT REPORT

1.	Department	Personality Development Cell
2.	Activity (Seminar / Workshop / Conference / FDP / Guest Lecture / Competitions / Sports / Cultural / Exhibition / Training Programme)	Guest Lecture
3.	Category of Activity (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills (Yoga, Physical fitness, Health and Hygiene), 4. Awareness of Trends in Technology, 5. Research, 6. IPR, 7. Entrepreneurship, 8. Skill Development)	Soft Skills
4.	Title	Time Management
5.	Geographical Coverage (State level / National level / International level / College level / Department level / Inter Collegiate / Inter Department / Village level / Town level)	College level
6.	Theme	To motivate the girl students to schedule the time in reaching their goal
7.	Date	12-09-2019
8.	Venue	Mini Conference Hall, IRCB
9.	Total No. of Participants	Local Participants (VHNSNC): 64 First year Girl Students
10.	Resource Person (s)with designation & Official address	Mrs.J.Nagasudha MCA.,M.Phil., Assistant Professor of IT VHNSNC (Autonomous)
11.	Co-ordinator Name / Convenor name	Mrs.J.Nagasudha, Assistant Professor of IT Dr.S.Maheshwari, Assistant Professor of Commerce
12.	Attach the Invitation / Circular	Attached
13.	Programme Summary: In this session, the importance of time and skills for managing the time were taught to the students by the resource person. Students were given time management tips that will help them to manage the time, achieve more in their life and be more effective. The way of overcoming the procrastination was also discussed. A Video about the story for time management was shown to the students. They participated in this session in an enthusiastic manner.	



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Personality Development Cell



We cordially invite you for the Personality Development Cell's Guest Lecture Programme on 12th September 2019. Kindly join us and grace the function.

Resource Person : Mrs.J.Nagasudha MCA., M.Phil.,
Assistant Professor of IT,
VHNSN College (Autonomous)

Topic : Time Management

Venue : Mini Conference Hall, IRCB

Time : 3.40pm - 5.00pm

Co-ordinators
Mrs.J.Nagasudha, Assistant Professor of IT
Dr.S.Maheshwari, Assistant Professor of Commerce

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Personality Development Cell Members